



*Richfield*

DINING LOCATION Community Center

PHONE 612-869-6662

**APRIL 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Meatballs & Gravy Mashed Potatoes Peach Slices Multigrain Bread/Margarine Cherry Streusel Bites	Chicken Alfredo over Rotini Pasta Green Beans Tropical Fruit Sliced French Bread/Margarine Oatmeal Cookie	Ham Steak Smashed Potatoes/Margarine Scandinavian Vegetables Fresh Fruit Dinner Roll/Margarine Honey Mustard Packet  <b>ALT: Chicken Breast</b>	Chicken Stir Fry Jeweled Rice Mini Vegetable Egg Roll Mandarin Oranges Fortune Cookie Soy Sauce Packet	Grilled Salmon with Pineapple Salsa Herbed Couscous Baby Corn Fresh Fruit Vanilla Pudding  <b>ALT: Chicken Breast with Pineapple Salsa</b>
<b>10</b>	<b>11</b>	<i>Movie Day</i> <b>12</b>	<b>13</b>	<b>14</b>
Turkey & Swiss Burger Whole Grain Bun Tater Tots Ketchup Packet Green Beans Fruited Gelatin	Quarter Roasted Chicken Buttered Corn Mashed Potatoes/Gravy Dinner Roll/Margarine Blueberry Pie  <b>RCD: Fresh Blueberries</b>	<b>COLD MEAL</b> Herb Chicken Breast Romaine Lettuce Cucumber Salad Fresh Fruit Iced Lemon Cake Parmesan, Croutons, Caesar Dressing Packets  <b>RCD: Unfrosted Cake</b>	Salisbury Steak with Mushroom Gravy Mashed Potatoes Steamed Carrots French Bread/Margarine Toffee Cookie	Baked Pollock Tartar Sauce Packet Scalloped Potatoes Steamed Broccoli Multigrain Bread/Margarine Frosted Yellow Cake  <b>ALT: Sliced Roast Turkey RCD: Unfrosted Cake</b>
<b>17</b>	<b>Volunteer Recognition</b>	<b>19</b>	<b>20</b>	<b>21</b>
Chicken Strips with Ranch Dressing Packet Macaroni & Cheese Mixed Vegetables Chilled Pears Wheat Bread/Margarine Apple Cinnamon Cookie	Chicken Parmesan Garlic Mashed Potatoes/Margarine Green Beans French Bread/Margarine Chocolate Chip Cookie	<b>COLD MEAL</b> Cheese Tortellini Salad With Turkey Pepperoni Broccoli Salad Pears Focaccia Bread/Margarine Brownie	Spaghetti & Meatballs Italian Vegetables Mandarin Oranges Garlic Breadstick/Margarine Cheesecake Square	Lemon Pepper Tilapia Tartar Sauce Packet Wild Rice Pilaf Mixed Vegetables Fresh Fruit Tapioca Pudding  <b>ALT: Lemon Herb Chicken Breast</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Breakfast Platter</b> Colby Cheese Omelet Turkey Sausage Breakfast Potatoes Chilled Peaches Muffin/Margarine Juice	Sweet & Sour Chicken Jeweled Brown Rice Oriental Blend Vegetables Mandarin Oranges Sugar Cookie  <b>Fare For All</b>	Beef Pot Roast Mashed Potatoes & Gravy Carrot Coins Dinner Roll/Margarine Frosted Carrot Cake  <b>RCD: Unfrosted Cake</b>	<b>COLD MEAL</b> Chicken Cheddar Pasta Salad Pickled Sliced Beets Tropical Fruit Wheat Roll/Margarine Carmel Sea Salt Cookie	Fish Patty on Bun Tartar Sauce Packet Peas & Carrots Tator Tots Ketchup Packet Fresh Fruit Spice Bar  <b>ALT: Chicken Patty with Mayo Packet</b>

1% milk and margarine are served with each meal. SR=salt restricted, RC=restricted calorie dessert. Your comments are welcome: call 952-945-4156. Volunteers of America Senior Nutrition Program serves all seniors regardless of race, color, sex, disability, national origin, or religion. The service is funded through a contract with the Metropolitan Area Agency on Aging, Inc. as part of the Older Americans Act Program and participant contributions. Upon request, this information will be made available in an alternative format: Braille, large print or audiotape. For TDD, contact Minnesota Relay Service at 1-800-627-3529. For more information about the services provided by Volunteers of America of MN go to [www.voamn.org](http://www.voamn.org)