

RICHFIELD ADVISORY BOARD OF HEALTH

Date: Monday, April 21, 2014

Present X Jennifer Turrentine
 X Callmie Dennis
 X Tiffany Egan
 X Kristine Klos
 X Erin Rykken, Co-Chair
 X Betty Gustafson
 X Kirsten Johnson, Co-Chair
 X Chris Olson
 X Rose Jost
 X Christina Meyer (New-Student Liaison)

Absent _ Nicholas Eyvindsson

Liaisons _ Betsy Osborn, Staff Liaison
 X Debbie Goettel, Mayor

Welcome - Introductions: Call to order at 6:01 pm.

Teresa Rosen –
Richfield High School
Assistant Principal
(Teen Pregnancy and
Bullying)

Teresa Rosen, Assistant Principal of Richfield High School began by presenting statistics of birth rates from 2007-2011 for girls 15-19. There has been a decline by 65% within the past 5 years in Richfield which is more than the statewide decline of 32% and Hennepin County of 40%. Richfield is now down from the 2nd highest teen birth rate in Hennepin County to 5th out of 8 total. There has been an increase in programming in the schools (i.e., Planned Parenthood, after school outreach programs). Sophomores in high school are now required to take a health class 1x/week that incorporates a health mentor model. They base their classes on facts; help teach decision making skills and provide leadership development. As a result they are seeing an increase in abstinence and the teens are making better decisions about birth control.

Teresa talked about bullying in Richfield High School. Currently, there is a bill in the legislature on what schools should be doing about bullying but there is not an official policy in the Richfield schools at the moment. They are collecting data from students every three years (grades 5, 8, 9, 11). They found that Richfield students are feeling excluded 10% less than in the state average. All categories (race, religion, sexual orientation, appearance) were lower in Richfield except for boy/girl differences. They are

incorporating programming which includes Olweus in the elementary school, Cornerstone in middle school and various other social groups and clubs for the high school students. There is also an increase in adult supervision during breaks (i.e., lunch, between periods, etc.)

RABH Annual Report to City Council

Jennifer stated that the report will be finalized within the next couple of weeks. On May 13, 2014, the co-chairs will present the finalized report to the City Council.

2014 Work plan Review

An updated work plan was handed out. There are some dates that are not yet finalized. Erin and Kirsten said that Betsy should have more information at the next meeting in May.

VEAP-New Building Tours

Betsy was absent from the meeting and this will be tabled until the next meeting in May. Mayor Debbie Goettel said that VEAP is offering new building tours, expanding their programming and having fundraising campaigns.

Food Safety Awards

The food safety awards/plaques will be awarded to Target, Arby's and Davanni's on April 22, 2014.

SCHSAC Update

Rose stated that she is now on the State conference planning committee. There was not much to discuss from the last meeting but new public health issues are on the horizon.

Tri City Partners Update

Erin is now one of the co-chair's on the committee. The last meeting went very well between Tri City and SHIP. They are proceeding with giving out mini grants and have \$8,000 total to award. They are now accepting applications. There is no minimum/maximum dollar amount which enables groups to be creative and think outside the box.

Richfield Bike Advocates

They were most recently one of the vendors at the Richfield Wellness Expo. They are now applying to be in the Richfield 4th of July parade. Chris said that they are currently taking a city wide bike rack inventory. They are working on a grant program to help businesses fund bike parking. Blue Cross Blue Shield made a small video of an interview with the chair and of cycling around Richfield. There will be an open house on May 1, 2014 at 4:30 p.m. to 6:30 p.m. at the Woodlake Nature Center to find out more information and help educate the community on who they are.

Liaison Reports	Mayor Debbie talked about the Lyndale Garden site. They are in the process of moving forward for \$1 million to build outdoor trails, paths, and a bridge and to make it a common area for health and wellness. Lakewinds will be opening in late June, which was delayed from May due to the weather. There will be a Woodlake dinner auction/silent auction on April 25, 2014 from 6pm-9pm at the MN Valley Golf Club.
Wellness Expo	The Richfield Wellness Expo was on April 12, 2014 from 9 a.m. – 12 p.m. at the Richfield High School. There were over 850 people in attendance, 52 vendors, a kid zone area, book swap, blood drive, Zumba demonstrations, choir performances and more. It drew in a lot of families from the schools. The kids went home from school with a wellness expo sticker reminder the day before the event.
Miscellaneous	Christina (new student member) talked about some of the things she is involved with. Justice week is from the last week in April to the first week in May. They help educate people on mental health by bringing different issues into the classroom. They have speakers that talk on the subject. They are currently seeking fundraising for the program.
Adjournment	The meeting was adjourned at 7:15 pm.