Serving Bloomington, Eden Prairie, Edina and Richfield for over 40 years.

Check out the AR&LE webpage www.ARLEMN.org a one-stop source for contact information, links to web and registration sites, participant profile and current AR&LE catalog.

Adaptive Recreation and Learning Exchange partnership (AR&LE) offers recreation, leisure and community education opportunities specifically designed to meet the needs of people with disabilities in the cities of Bloomington, Eden Prairie, Edina and Richfield.
Welcome!

We invite you to take part in a variety of unique programs offered through the Adaptive Recreation & Learning Exchange Partnership (AR&LE). Information provided here explains the AR&LE partnership, how our program works and where to acquire additional information you may need.

AR&LE is Made up of Two Parts

AR = Adaptive Recreation  The cities of Bloomington, Eden Prairie, Edina and Richfield offer programs specifically designed for people of all ages with disabilities. Programs include softball, bowling, water aerobics, fitness programs, skiing/snowboarding, golf, as well as a number of social programs for youth and adults.

The supervisory staff responsible for the planning and implementation of all the adaptive recreation programs have many years of experience in the Adaptive Recreation field. Their program staff are also highly skilled and dedicated individuals with professional and educational backgrounds in human services fields.

LE = Learning Exchange  The school districts of Bloomington, Edina, Eden Prairie and Richfield Community Education Adults with Disabilities programs work together to offer customized classes for adults with developmental and/or physical disabilities. Classes include cooking, independent living skills, theater and performing arts, health, fitness, and other leisure learning activities.

Working together, the Community Education directors from the four school districts employ a Coordinator for the Learning Exchange. Under the direction of the Learning Exchange Coordinator, professional instructors teach the Learning Exchange classes with the assistance of talented and trained volunteers.

Transportation Partner

TRAIL, a Minnesota nonprofit operating independent of AR&LE, provides transportation to many adult AR&LE programs. Through donations and fundraising, TRAIL subsidizes the cost of transportation, and as a result, riders pay a nominal fee for their rides. Eligible riders live within the four AR&LE cities. Transportation may not be available to all locations within the four cities and TRAIL may cap the number of riders based on capacity limitations.

TRAIL transportation is available for programs noted with the bus symbol. To learn more about TRAIL, rider eligibility or to make a donation, go to www.ridetrail.org, call 612-401-6395 or email office@ridetrail.org.

The Cities of Bloomington, Eden Prairie, Edina and Richfield do not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its services, programs, or activities. Upon request, accommodation will be provided to allow individuals with disabilities to participate in all services, programs, and activities. This information can be available in alternate formats, upon request.
Profiles

In order to be on our mailing list or participate in a program, each person must have a completed profile form on file. The information within the form is available to program staff so they are aware of any health, medical and special need issues that pertain to the participant. Profile forms are available from any AR&LE staff member or on our website ARLEMN.org. Once completed and signed by the participant and/or their guardian, the profile should be returned to Bloomington Parks & Recreation - AR&LE, 1800 West Old Shakopee Road, Bloomington, MN 55431 or scan and email to parksrec@BloomingtonMN.gov, or fax to 952-563-8715.

Program Catalog

AR&LE publishes a program catalog three times a year with descriptions and registration information for the programs offered for the upcoming season. Catalogs are sent to all the participants who have indicated on their profile that they prefer communications by US mail. Participants, parents, guardians and support staff who have requested communications by email should adjust their spam settings to ensure they receive all emails from parksrec@BloomingtonMN.gov. They will be sent electronic communications of upcoming events, including the current catalog.

Support staff wishing to be added to the electronic mailing list should email their name and phone number to parksrec@BloomingtonMN.gov. An electronic copy of the current AR&LE catalog is available online at our website ARLEMN.org.

Program Fees, Registration and Refunds

The fees to register for AR&LE programs vary. Some have different fees for residents and nonresidents. A resident is anyone living in the four cities of Bloomington, Eden Prairie, Edina, or Richfield. Registrations and payment should be mailed to the address listed on the appropriate registration form. Each partner reserves the right to implement their own refund policy.
Dance Your Socks Off! - Adults 18+
Put on your dancing shoes and get ready to boogie with music supplied by a local DJ! Door prizes will be given out towards the end of evening. Must be present to win! Individuals requiring assistance during dances must bring their own support person. Don’t miss out on these fun events!

St. Patrick’s Day | Friday, March 13, 2020
Find your inner Irish and come dressed in your best green and festive apparel.

Spring Fling | Friday, April 17, 2020
Shake, shake, shake those winter blues away because spring has sprung!

Time: 7:00-9:00 pm
Location: Creekside Community Center, 9801 Penn Avenue South, Bloomington
Please enter through the main entrance located off Penn Avenue.
Cost: $6.00 (includes one beverage) | Support staff admitted free and can purchase beverages for $1.00.
Tickets: Purchase at the door or register and pay in advance. To register online, visit www.BloomingtonMN.gov, keyword “ARLE”.
TRAIL: TRAIL riders must request TRAIL by noon the Monday before each dance by calling 952-563-8877. Bus spots fill quickly, so call early!

Alive & Kickin “Coming of Age”
Bloomington Parks & Recreation is offering AR&LE participants free tickets to attend ALIVE & KICKIN’s Neighbors Night Out, preview performance of Coming of Age on Thursday, June 4. Your favorite rocking seniors, ALIVE & KICKIN take the stage once again in a musical journey that SMASHES stereotypes around aging. It honors & celebrates Senior’s Golden Years with stories and songs that redefine what it means to age. Show starts at 6:30 pm and includes a pre-show reception with complimentary refreshments. To find out more go to www.aliveandkickinmn.org.

Date: Thursday, June 4, 2020
Time: 6:30 pm with a pre-show reception
Location: Bloomington Center for the Arts, 1800 West Old Shakopee Road
Cost: FREE, but must make reservation
Register by: To make a reservation, call 952-563-8877.
AR&LE Adaptive Youth and Adult Softball

Join us for a summer of co-rec softball with your friends from AR&LE! Season highlights include a special Under the Lights Game, team photos and team shirt! The “Under the Lights” Game will be held at the grandstand at Red Haddox Field! Register early as space is limited!

**Adaptive Youth Softball - Ages 10-18**

Have fun playing softball with friends and improving your skills! Youth softball teaches basic rules and good sportsmanship through fun, creative drills and games.

**Date/Time:** Mondays | June 15-August 3 | 6:30-8:15 pm  
**Location:** Regular season: Tarnhill Park, 9650 Little Road, Bloomington  
“Under the Lights” Game: Red Haddox Field, 9000 Portland Avenue South, Bloomington  
**Cost:** $70 per player | Staff to participant ratio is 1:10  
**Register by:** Register by May 31, 2020 or until filled. Registration available at www.BloomingtonMN.gov (keyword: “ARLE”) or contact City of Bloomington Parks and Recreation at 952-563-8877.

**Adaptive Competitive Softball - Ages 19+**

Enjoy some friendly competition this summer! This program is designed for players who have softball experience and want to play competitively. Balanced teams will be developed after player skill evaluations.

**Date/Time:** Tuesdays | June 16-August 11 | 6:30-8:15 pm  
**Location:** Regular season: Tarnhill Park, 9650 Little Road, Bloomington  
“Under the Lights” Game: Red Haddox Field, 9000 Portland Avenue South, Bloomington  
**Cost:** $70 per player | Staff to participant ratio is 1:20  
**Register by:** Register by May 31, 2020. Registration available online at www.BloomingtonMN.gov (keyword: “ARLE”) or contact City of Bloomington Parks and Recreation at 952-563-8877.

**Adaptive Recreational Softball - Ages 19+**

Focus on fun, friends and skill development! This is a non-competitive program for players with or without experience. Coaches encourage good sportsmanship, further skill development and a better understanding of rules and positions.

**Date/Time:** Tuesdays | June 16-August 4 | 6:30-8:15 pm  
**Location:** Regular season: Tarnhill Park, 9650 Little Road, Bloomington  
“Under the Lights” Game: Red Haddox Field, 9000 Portland Avenue South, Bloomington  
**Cost:** $70 per player | Staff to participant ratio is 1:20  
**Register by:** Register by May 31, 2020. Registration available online at www.BloomingtonMN.gov (keyword: “ARLE”) or contact City of Bloomington Parks and Recreation at 952-563-8877.

**TRAIL:** TRAIL transportation requires a minimum of five riders. Please be aware that due to transportation constraints, TRAIL cannot guarantee a 6:30 arrival time. Please contact TRAIL at 612-401-6395 with any questions.
Adaptive Programs

The City’s therapeutic recreation programs are intended to enhance the quality of life of individuals with disabilities as well as other diverse populations. Programs are facilitated by trained recreation specialists and/or qualified staff. We strive to provide programs that enhance social and physical skills, self-esteem and independence.

What is Adaptive Recreation?

Adaptive Recreation provides opportunities for individuals of all ages and abilities to actively participate in recreational or educational programs. Programs are specifically designed for people with disabilities.

What is Inclusion?

Inclusion is the process in which individuals with disabilities have the opportunity to participate in all community activities offered to individuals without disabilities. Inclusion requires providing the necessary framework for adaptations, accommodations and supports so that individuals can benefit equally from experiences.

How do I request Inclusion Services?

For the purpose of making arrangements for a reasonable accommodation needed in a program, please contact Nicole Weedman, Senior Recreation Supervisor, at 952-949-8456 or NWeedman@edenprairie.org at least three weeks prior to the start of the program. Inclusion support may come in the form of one or more of the following: program observation, staff training, program modification/adaptations, modified equipment or inclusion companion (a companion can support 1-3 participants depending on need).

Art of Working - Ages 14-21

Cultivate soft skills with Upstream Arts that are vital to obtaining and maintaining employment while exploring the fundamentals of a variety of collaborative activities - including acting, music, poetry, visual arts and dance. Designed for those who have work as a future goal. Registration deadline is July 27. Location: Community Center Room 110

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<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
<th>Code</th>
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<tbody>
<tr>
<td>M-F</td>
<td>Aug 3-7</td>
<td>1-3:30 pm</td>
<td>$360</td>
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Social Skills Camp - Ages 14-21

This camp focuses on developing social, emotional and communication skills vital to success in school, work and life. Campers explore the fundamentals of visual art, theater, poetry, music, and dance with local professional artists from Upstream Arts in a fun and interactive environment. Registration deadline is June 15. Location: Community Center Room 110

<table>
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<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
<th>Code</th>
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<tr>
<td>M-F</td>
<td>Jun 22-26</td>
<td>1-3:30 pm</td>
<td>$252</td>
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Friends Together Camp - Ages 12-22

Expand your interests and personal skills through creative projects, games and outdoor activities. The daily schedule varies based on occasional off-site activities. The schedule is emailed one week prior to the camp. Registration deadline is seven days before the start date.

Location: Nesbitt Preserve Park

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<th>Time</th>
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<tr>
<td>M-F</td>
<td>Jun 22-26</td>
<td>9 am-12 noon</td>
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<tr>
<td>M-F</td>
<td>Jun 29-Jul 3</td>
<td>9 am-12 noon</td>
<td>$120</td>
<td>355602-02</td>
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<tr>
<td>M-F</td>
<td>Jul 6-10</td>
<td>9 am-12 noon</td>
<td>$120</td>
<td>355602-03</td>
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<tr>
<td>M-F</td>
<td>Jul 13-17</td>
<td>9 am-12 noon</td>
<td>$120</td>
<td>355602-04</td>
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<tr>
<td>M-F</td>
<td>Jul 20-24</td>
<td>9 am-12 noon</td>
<td>$120</td>
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<td>M-F</td>
<td>Aug 3-7</td>
<td>9 am-12 noon</td>
<td>$120</td>
<td>355602-06</td>
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<tr>
<td>M-F</td>
<td>Aug 10-14</td>
<td>9 am-12 noon</td>
<td>$120</td>
<td>355602-07</td>
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</table>
Get Your Glee On - Ages 12-22
Sing, boogie, and play a variety of instruments to your favorite and new songs while in a familiar and supportive environment. All abilities and musical backgrounds are welcome. Friends and family are invited to attend the performance at the end of the program. Instructor: MacPhail. Location: Eden Prairie Community Center Room 110.

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<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
<th>Code</th>
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<tr>
<td>M-F</td>
<td>Jun 15-19</td>
<td>1-3:30 pm</td>
<td>$188</td>
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All in One Art Camp - Ages 12-22
Explore different art media such as clay sculpture, painting and drawing all in one week. Students learn the basics of 2-D and 3-D art while exploring all that art has to offer. Location: Eden Prairie Art Center.

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<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
<th>Code</th>
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<td>M-Th</td>
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<td>M-F</td>
<td>Jul 13-17</td>
<td>9 am-noon</td>
<td>$150</td>
<td>355618-02</td>
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Health and Safety Camp - Ages 12-22
Enhance your wellness through activities related to nutrition, fitness and daily living. Learn to use the fitness equipment at the Community Center and the overall benefits of being active and eating healthy. Learn daily living safety from the Eden Prairie Police and Fire departments. Location: Eden Prairie Community Center Room 110.

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<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
<th>Code</th>
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<tbody>
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<td>Jul 6-10</td>
<td>1-3:30 pm</td>
<td>$145</td>
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Sports & Fitness Camp - Ages 12-22
Have fun with your friends while learning the fundamentals of various traditional sports such as basketball, baseball and backyard games like bag toss and ladder golf. Participants will enjoy a trip to the St. Paul Saints baseball game on Wednesday, July 15 (early drop off required on July 15.) Location: Eden Prairie Community Center Room 110.

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<th>Date</th>
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<th>Cost</th>
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<td>M-F</td>
<td>Jul 13-17</td>
<td>1-3:30 pm</td>
<td>$180</td>
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Outdoor Adaptive Recreation Sampler Camp - Ages 12-22
Along with the Three Rivers Park District staff, explore a variety of outdoor recreation activities. Use a GPS to go geocaching for s'mores ingredients then cook yourself a treat over an open fire. Learn camping skills and disc golf, go paddle boarding and try your hand at fishing. Registration deadline July 10. Location: Drop off and pick up a Bryant Lake Regional Park, 6800 Rowland Rd.

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<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
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<tbody>
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<td>M-F</td>
<td>Jul 20-24</td>
<td>1-3:30 pm</td>
<td>$165</td>
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Out and About Camp - Ages 12-22
Explore the many things to do around the Twin Cities. Outings include bowling, swimming at Sand Venture Aquatic Park, mini golf and more. Entrance fees are included in the camp fee. Drinks and snacks are extra. Fee includes a trip to the MN Twins vs LA Dodgers game at Target Field on Wednesday, July 29. Registration deadline July 13. Location: Nesbitt Preserve Park Building.

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<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
<th>Code</th>
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<tbody>
<tr>
<td>M-F</td>
<td>Jul 27-31</td>
<td>9 am-3:30 pm</td>
<td>$230</td>
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<tr>
<td>M-F</td>
<td>Aug 10-14</td>
<td>1-4 pm</td>
<td>$115</td>
<td>355612-02</td>
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</table>
DREAM Ice Skating - Ages 4-18
This class encourages skaters to follow their dreams. Skaters of all abilities will have fun learning to skate at their own pace. Taught by certified instructors and supported by one-to-one high school volunteers. No previous skating experience needed; hockey helmet recommended.

**Date:** Sundays | April 19, 26, May 3, 10, 17
**Time:** Session I: 10:25-11:05 am  Session II: 11:10-11:50 am
**Location:** Braemar Ice Arena, 7501 Ikola Way, Edina
**Cost:** $85 per session | Session I Course #PR9001  Session II Course #PR9001.1

Register by:  March 14 | minimum 6, maximum 24

Larry Nelson Adaptive League and Advanced Lessons - Ages 12 and up
Designed for all level of golfers. Beginners will learn about golf etiquette, basic skills and rules with experienced volunteer golfers. Golfers are supported on the course with volunteers based on their needs. After two sessions of skill building, we will hit the course and play.

This program uses TRAIL which requires a minimum of five riders, so sign up early! Please be aware that due to transportation constraints, TRAIL cannot guarantee a 6:30 arrival time.
Please contact TRAIL at 612-401-6395 with any questions.

**Date:** Mondays | April 20-June 15 (no class May 25)
**Time &**  6:30-7:30 pm (April 20 and 27 in the Golf Dome)
**Location:** 6:30-8 pm/8:30 pm (depending on sunset) remaining dates at Braemar Golf Course
**Cost:** $100 | Course #PR9003

Adaptive Water Aerobics - Ages 16 and up
Work on aerobic strengthening, stretching and range-of-motion exercises, all in the comfort of the Edinborough Park pool. This program uses TRAIL which requires a minimum of five riders, so sign up early! Register by May 27; minimum 10, maximum 25.

**Date:**  Session I: Wednesdays June 3-24  Session II: Wednesdays July 8-29
**Time:**  7:15-8:15 pm
**Location:** Edinborough Park, 7700 York Avenue South, Edina
**Cost:** $45 per session | Session I Course #PR9004  Session II Course #PR9005

Spring Art Class - Ages 16 and up
Join us for our Spring Art Class. This class will be taught by the same instructors as Presents for the Holidays. We will be making a variety of arts and crafts for spring. minimum 6, maximum 20.

**Date:** Fridays April 17-May 8
**Time:**  6-7:30 pm
**Location:** Edina Senior Center, Classroom #2, 5280 Grandview Square
**Cost:** $56 | Course #PR9007

Adaptive Theatrical Performance Camp
Play to be determined - Ages 13-21
It’s one of our most popular teen camps! After viewing a movie, campers will learn lines and songs, as well as create the sets for the exciting performance that is held on the last day of camp.
Register by July 24; minimum 8, maximum 20.

**Date/Time:** Monday-Thursday, August 3-6 | 10 am-3 pm  Friday, August 7 | 9:30 am-1 pm, performance at 1 pm
**Location:** Edinborough Park, 7700 York Avenue South, Edina
**Cost:** $175 | Course #PR9006
Want to save time and paper?
Edina offers online registration for all programs and events.

How to register online:
- Create an account or log in to an existing account. Note that this account is separate from any other account you may have on the City of Edina’s primary website.
- Add participants to your account who you would like to enroll in programs or activities. Don’t forget to include yourself as the Primary Account Holder.
- To register for an Activity or League, select “Registration” and then either “Activity Registration” or “League Registration”.
- Once you select the activity, be sure to select the correct name of the registrant.
- Check out items in your Shopping Cart.
- Placing a class in your cart DOES NOT reserve your space in it. To ensure your space, you must finish the registration and payment process

Edina AR&LE Registration Form

<table>
<thead>
<tr>
<th>Participant Name</th>
<th>Home Phone</th>
<th>Cell Phone</th>
<th>E-mail</th>
<th>Age</th>
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</thead>
<tbody>
<tr>
<td>Address/City</td>
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<td></td>
</tr>
<tr>
<td>Apt. #</td>
<td>Zip Code</td>
<td>Birth Date</td>
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</tbody>
</table>

Special Information:
- Will PCA or Staff Attend with participant?  ● Yes  ● No

Dietary needs/allergies:

In order to participate in AR&LE programs, participants must have a completed Participant Profile on file.
For more information see page 2 of this catalog

Parent/Guardian | Home Phone | Cell Phone | E-mail |
|----------------|------------|------------|--------|

The Data Practices Act requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.

Waiver: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.

Participant or Parent/Guardian Signature ____________________________ Date ______________

TRAIL

DREAM Ice Skating Session I, #PR9001...........................$ 85
DREAM Ice Skating Session II, #PR9001.1...........................$ 85
Larry Nelson Adaptive League & Lessons, #PR9003........$100
Adaptive Water Aerobics
- Session I June 3-24, #PR9004.................................$45
- Session II July 8-29, #PR9005.................................$45
Spring Art Class, #PR9007..........................................$56
Adaptive Theatrical Performance Camp, #PR9006............$175

Mail completed form and check payable to the
City of Edina to:
Edina Parks and Recreation
4801 W 50th Street
Edina MN 55424

TOTAL FEE(S) PAID: $ __________

Movies and Munchies
Meet new people, visit with friends, and enjoy a movie on the big screen!

Who: Adults 18 and older. Group home staff are asked to assist residents as needed.
Date: Fridays | 7:00-9:00 pm
April 3 A Beautiful Day in the Neighborhood
May 8 Dolittle ($8 movie & pizza)
Location: Richfield Community Center, 7000 Nicollet Avenue South
Cost: $5 per movie payable at the door. $8 for May 8 movie & pizza. Support staff are invited to attend free of charge. (May 8 staff are required to pay $6 if they would like pizza.)
Register by: Movies and Munchies is a drop-in program but prior registration is appreciated by calling 612-861-9385; maximum 50. TRAIL riders: Call by 12:00 pm the Tuesday before each movie to register or check the box on the registration form. Bus spots fill quickly, so call early!

Cardio Fitness
Stay in great shape with an aerobic exercise program improving your overall fitness level. Please wear workout shoes and clothes. Register early, spaces fill quickly.

Who: Adults 18 and older who can be safely supervised by 1 staff person per 25 participants and follow simple choreography.
Date/Time: Mondays & Wednesdays | April 6-May 20 | 7:00-8:00 pm
Location: Richfield Community Center, 7000 Nicollet Avenue South
Cost: 2 days per week $42 | 1 day per week $21
Please indicate Mon and/or Wed on registration form. *TRAIL is available on Wednesdays.
Register by: March 31 | minimum 10, maximum 25

Step to it Walking Club
Walking is great exercise and the best time to walk is summer. Join the summer walking club! We will be walking around the Kennedy High School track. Remember to dress for the weather, wear tennis shoes and BRING A WATER BOTTLE! If it rains we will walk inside the Kennedy Activity Center.

Who: Adults 18 and older who can be safely supervised by 1 staff person per 25 participants
Date/Time: Mondays | June 1-August 24 *no class June 29 (August 31 make-up) | 7:00-8:00 pm
Location: Kennedy High School Track, 150 East 98th Street, Bloomington
Cost: $41 resident; $46 nonresident
Register by: May 26 | minimum 10, maximum 25

Spring Good Happenings
Good Happenings is a social club for adults 22 and older who enjoy participating in recreational activities and events with a group of friends. Good Happenings staff to client ratio is 1:12. Participants who need extra assistance should attend with a caregiver. Staff fees must be paid by registration deadline.

Candy Art – Do you have a sweet tooth? In this edible art class, you will make delicious works of art! Learn how to pour candy coating into festive molds to create an array of delicious candy to take home or share with others. Please eat dinner beforehand. Register by: Mar 25; min 10, max 20
Wed, Apr 1 7:00-9:00 pm Richfield Community Center $25 Staff cost $0

“Fiddler on the Roof” at JHS – Enjoy an afternoon watching Jefferson High School students perform the musical “Fiddler on the Roof”. Please arrive by 12:45 pm to take your seat and be sure to eat lunch beforehand. Register by: Apr 3; min 15, max 25
Sun, Apr 19 12:45-3:00 pm Bloomington Jefferson HS $20 Staff cost $11 for ticket

Family Feud – Do you enjoy watching Family Feud? Get together with friends to play it board game style! Snacks provided, eat dinner beforehand. Register by: Apr 28; min 15, max 40
Tue, May 5 7:00-8:15 pm Richfield Community Center $8 Staff cost $0

Dinner at Applebees – Enjoy a great dinner with your friends at the Bloomington Applebees! Dinner and drink included in price. Register by: May 20; min 15, max 40
Wed, May 27 6:45-8:15 pm Applebees, 9601 Lyndale Ave So $24 Staff purchase own

Preregistration for programs is required (exception of Movies & Munchies). Registrations will not be accepted at the door and you will be turned away.
Good Happenings is a social club for adults 22 and older who enjoy participating in recreational activities and events with a group of friends. Good Happenings staff to client ratio is 1:12. Participants who need extra assistance should attend with a caregiver.

**Staff fees must be paid by registration deadline.**

**Bowling @ Southtown!** – Keep up on your bowling game and spend an evening with friends bowling and having pizza for dinner at AMF Southtown Lanes in Bloomington! We have 10 lanes reserved for 40 lucky bowlers! Register by: Jun 4; max 40

- Thu, Jun 11 6:45-8:30 pm 7941 Southtown Center $15 Staff $8 pizza and soda

- Thu, Jun 18 6:45-8:45 pm Staring Lake Amphitheatre, Eden Pr $10 Staff cost $0

**“Cinderella” Outdoor Musical** – Enjoy an evening outside as the Eden Prairie Players perform “Cinderella”. Remember to bring a lawn chair or a blanket to sit on! Snacks will be provided, please eat dinner beforehand. Register by: Jun 11; min 15, max 40

- Thu, Jun 16 6:45-8:15 pm 9401 E. Bush Lake Rd, Shelter #3 $16 Staff cost $7 for picnic dinner

**17th Annual Summer Picnic** – It’s that time of year again, the annual Good Happenings picnic with your friends! We will have great food, play BINGO and have games in the park! We will picnic at West Bush Lake Park in Bloomington. Register by: Jul 9; min 15, max 40

- Thu, Jul 16 6:45-8:15 pm Staff cost $3 for ice cream

**Yard Games & Ice Cream** – Bocce ball, bean bag toss and more! Spend the evening with your friends outside and being active. Afterwards, we’ll enjoy an ice cream treat. If it’s raining, we’ll play games inside. Register by: Jul 23; min 10, max 40

- Thu, Jul 30 7:00-8:15 pm Richfield Community Center $8 Staff cost $3 for ice cream

**Bowling @ Southtown!** – Get ready for the fall bowling season, practice and spend an evening with friends bowling and having pizza for dinner at AMF Southtown Lanes in Bloomington! We have 10 lanes reserved for 40 lucky bowlers! Register by: Aug 6; min 15, max 40

- Thu, Aug 13 6:45-8:30 pm 7941 Southtown Center $15 Staff $8 pizza and soda

**St. Paul Saints Game** – Outdoor baseball at its best! The Saints will be playing an evening ballgame against the Cleburne Railroaders. You will receive $5 in Saints bucks to purchase concessions. If you need extra food, please bring additional money! Must register by Jul 22, cancellations will not be accepted after this date; min 15, max 40

- Sun, Aug 23 3:45-9:00 pm Pickup/off Richfield Community Center $33 Staff cost $15 ticket only, all staff must purchase a ticket

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**Richfield AR&LE Registration Form**

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<td>Participant or Parent/Guardian Signature</td>
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**THE DATA PRACTICES ACT** requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.

**WAIVER:** I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.

**WAIVER:** I understand and agree that AR&LE may use my photo image for publicity purposes.

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**April Good Happenings**

- Candy Art, Apr 1
- “Fiddler on the Roof”, Apr 19
- Family Feud, May 5
- Dinner at Applebees, May 27
- Staff cost $0

**May Good Happenings**

- Spring Good Happenings
- Summer Good Happenings
- Bowling @ Southtown, June 11
- “Cinderella” Outdoor Musical, June 18
- 17th Annual Summer Picnic, Jul 16
- Yard Games & Ice Cream, July 30
- Staff cost $0

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**Food Allergies:**

- Pizza
- Sodas

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**Richfield AR&LE Registration Form**

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**Online registration is available at www.richfieldmn.gov/onlineregistration. Credit cards will only be accepted online.**
On-line Registration Site and Website
For on-line registration, go to [https://bloomington.ce.eleyo.com](https://bloomington.ce.eleyo.com) and create an account. Or link from our web page from [www.ARLEMN.org](http://www.ARLEMN.org), go to the bottom of the page and click on Learning Exchange. On-line registration available starting Tuesday, March 3, 2020.

**Personal Leisure and Healthy Lifestyles**

**Hope and Wonder Theater Workshop**
Meet the cast of a new theater production, “Flying and Falling.” See some scenes from their show and get into the act yourself! What are your hopes that send you flying? What are the things you wonder about that hold you back? You will play theater games based on emotions and have the opportunity to walk on a low-to-the-ground slackline; your acting-self will be soaring! Presented by Combustible Company.

**Date/Time:** Saturday | April 4 | 1:30-3:30 pm  
**Location:** Bloomington Civic Plaza, Black Box Theater, 1800 W. Old Shakopee Rd., Bloomington  
**Cost:** $20 | checks payable to ISD 271  
**Register by:** March 21 | minimum 6, maximum 25.

**Safety Out and About**
This class is intended for learners who are independent in the community or are working toward independence.

Whether you are at the mall, in the park or on the bus, you can know what to do to be safe in unexpected situations involving other people.

In this two-night workshop, you’ll explore personal safety tips with a professional safety instructor, practice safety situations at the workshop and hear from a police officer the second night. Learners will be encouraged to practice tips on their own in the week between the two nights and have an opportunity to share their discoveries during the second night.

**Date/Time:** Mondays | April 6 and 13 | 7:00-8:30 pm  
**Location:** Jefferson High School, Cafeteria, 4001 W. 102nd Street, Bloomington  
**Cost:** $18 includes both nights | checks payable to ISD 271  
**Register by:** March 23 | minimum 6, maximum 25  

*Lower price thanks to a grant from the Bloomington Crime Prevention Association.*

**Friendship Skills: Bingo, Trivia and Conversation**
Let’s play Bingo (yes, with prizes) and Star Wars/Disney Movie Trivia. We’ll have new questions on both topics! Between games, we’ll practice conversation skills. What a great way to have fun and get to know people!

**Date/Time:** Tuesday | April 28 | 7:00-8:15 pm  
**Location:** Washburn Elementary School, Lunchroom, 8401 Xerxes Ave. So., Bloomington  
**Cost:** $11 | checks payable to ISD 271  
**Register by:** April 14 | minimum 6, maximum 25

**Volunteer and Social Time!**
Come volunteer with your friends at the Arc’s Value Village store in Bloomington. Volunteers will help unpack, sort and tag donations and fill the sales floor. Make a difference in the community by offering your help! We’ll have a half-hour social time afterwards at McDonald’s, by walking across the parking lot. Cost of a small treat at McDonald’s included in registration price. Bring extra money if you want more. *Important: Wear closed-toed shoes, no sandals or flip flops.*

**Date/Time:** Tuesday | May 19 | 7:00-8:30 pm  
**Location:** Drop off: Enter back of store at Arc’s Value Village, 10546 France Ave. So., Bloomington  
Pick up: McDonald’s, 4000 W. Old Shakopee Rd., Bloomington  
**Cost:** $6 | checks payable to ISD 271  
**Register by:** May 5 | minimum 6, maximum 18
**Dance into Summer**

Let’s have a blast learning new dance steps to current and classic songs! End the night showing off your best moves in a dance circle. This fabulous class led by popular dance instructor Monica Mohn.

**Date/Time:** Tuesday | May 26 | 7:00-8:00 pm  
**Location:** Washburn Elementary School, Lunchroom, 8401 Xerxes Ave. So., Bloomington  
**Cost:** $11 | checks payable to ISD 271  
**Register by:** May 12 | minimum 6, maximum 30

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**Model Boating Night and Scavenger Walk!**

Hear a short presentation from members of the Edina Model Yacht Club. Then stand on shore and try your hand at operating a radio-controlled miniature boat on Centennial Lake. Continue with the model boating group or enjoy a group walk along the paths of Centennial Lakes Park looking for new sights. Dress to enjoy the great outdoors!

**Date/Time:** Thursday | June 4 | 7:00-8:15 pm  
**Location:** Centennial Lakes Park, 7499 France Ave. So., Edina (lower level between Hughes Pavilion and Chuck E. Cheese for drop off/pick up)  
**Cost:** $9 | checks payable to ISD 271  
**Register by:** May 21 | minimum 6, maximum 25

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**Shooting Pool**

Have a blast learning the basics of shooting pool or practicing what you already know! This class shows you the basics and will give you time to play several games with other class members and volunteers from the Pool Room.

**Date/Time:** Thursday | May 7 | 7:00 - 8:15 pm  
**Location:** Edina Senior Center, 5280 Grandview Square, Edina  
**Cost:** $9 | checks payable to ISD 271  
**Register by:** April 23 | minimum 6, maximum 12

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**Mindfulness of Martial Arts - register soon, space limited**

Learn gentle movements and breathing exercises adapted from martial arts to improve balance, coordination, and general health. This class is done primarily standing. If you have any health issues, check with a doctor first. Wear comfortable clothes to move in and supportive athletic-type shoes. Bring a water bottle. Sign up for either or both locations.

**Dates/Time:** Richfield | Sundays | April 5, May 3 | 2:30-3:30 pm  
**Location:** Fraser Sheridan Court, Commons Room, 2500 W. 66th Street, Richfield  
**Dates/Time:** Bloomington | Sundays | April 26, May 31 | 2:30-3:30 pm  
**Location:** Fraser Lyndale Court, Commons Room, 10325 Lyndale Avenue South, Bloomington  
**Cost:** Each set of two dates at one location: $14 | checks payable to ISD 271  
**Register by:** Two weeks before first class date | minimum 6, maximum 10

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**Chair Yoga and Relaxation**

Come stretch, breathe, feel more energized, but relaxed! It’s the magic of yoga. We’ll do poses and relaxation exercises seated in a chair – no laying on the ground, no mats. As with all exercise classes, if you have any health issues, check with a doctor first.

**Date/Time:** Tuesdays | April 14, May 12, June 2 | 7:00-8:00 pm  
**Location:** Fraser Sheridan Court Commons Room, 2500 W. 66th Street, Richfield  
**Cost:** All three classes for only $16 | checks payable to ISD 271  
**Register by:** March 31 | minimum 6, maximum 12 - hurry - this fills fast!

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**Arts and Crafts**

*TRAIL Riders - register early - we need a minimum of four riders and craft classes fill fast!*

**Brilliant Suncatchers**

Add some color to your room by making two beautiful suncatchers. Let the sun shine through! Note that one suncatcher is ready to shine the next day and the other will need to dry for several days at home before hanging.

**Date/Time:** Tuesday | April 21 | 7:00 - 8:30 pm  
**Location:** South View Middle School, Room 201 (enter door #4), 4725 South View Lane, Edina  
**Cost:** $17 | checks payable to ISD 271  
**Register by:** April 7 | minimum 6, maximum 16
Seashell Treasure Box
Decorate this 3-½” square wooden box with watercolor paint, seashells, wooden stars and glitter glue! Match it with your seashell frame from last spring and you have a set, or give it as a gift to someone special!

Date/Time: Thursday | May 28 | 7:00 - 8:30 pm
Location: Washburn Elementary School, Art Room 46
8401 Xerxes Ae. So., Bloomington
Cost: $17 | checks payable to ISD 271
Register by: May 14 | minimum 6, maximum 16

Cooking Classes
Dining Club
Do you love to help make food then eat it?! Dining Club is for all ability levels of learners who can follow safety instructions. Staff/volunteer to participant ratio is approximately 1:3; group home staff are expected to stay and assist. The focus is preparing food together and socializing while eating and washing dishes together. Bring containers for potential leftovers and take home the written recipe!

TRAIL riders: Only ONE Thursday Dining Club class has TRAIL. Usually it is the second Thursday class of a pair of classes. See registration form to verify that your choice offers TRAIL.

Time: Dining Club classes meet from 7:00 pm - 8:30 pm
Location: Kennedy High School, Cooking Lab C103, 9701 Nicollet Ave. So., Bloomington
Cost: $17 per class | checks payable to ISD 271
Register by: Two weeks before class | minimum 6, maximum 16 (Hurry, these fill fast!)

Dutch Baby Pancake
Join us to make a delicious Dutch Baby! It is a puffed pancake that is made in the oven instead of on a griddle. Served with syrup, fruit other delicious toppings, it’s perfect for brunch or dinner!

Sloppy Joes Indoor Picnic
Sloppy Joes paired with coleslaw will be a fantastic way to kick-off summer. This ground beef and sauce sandwich is easy to make and so fun for an indoor picnic.

Specific Group Programs
Eat Smarter
Come join us for an engaging evening discussing healthy meal options at restaurants, surprising sources of sugar, fat and salt plus fun ways to eat your veggies! This presentation will provide helpful, practical tips to improving your daily nutrition habits. Presented by: Minnesota Independence College and Community (MICC)

Date/Time: Thursday, Apr 23 or Thursday, Apr 30 (TRAIL)
Location: Woodlake Church, Commons Rooms C & D, 2120 76th St. W., Richfield
Cost: Free! | Pre-registration requested, space limited
Register by: Monday, April 13 | minimum 6, maximum 45

Important Learning Exchange Registration Information!
Learning Exchange classes are customized to meet the needs of adults with developmental or cognitive disabilities, ages 18 and older.

Registration and Payment: Pre-registration and pre-payment is required for all classes. Walk-in participants are not allowed.

Supervision: Participants requiring personal assistance for physical and/or behavioral issues must be accompanied by a caregiver.

Medication and Seizures: Instructors and staff are not licensed to administer medications. If medications are required during a class, a caregiver must attend to administer the medication. A caregiver must accompany participants with active seizure disorders. Contact Janet Clarke if questions: 952-681-6121.

Three or more people registering from the same address/residential provider: A care provider should attend the class to assist the participants.
### Learning Exchange Registration Form

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#### Staff will attend: Yes ___ No ___ Allergies/Medical Concerns:

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**WAIVER:** I understand and agree that Adaptive Recreation and Learning Exchange may use my photo and/or video images for publicity purposes.

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**TRAIL Riders please check TRAIL Box**

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**Arts and Crafts**

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**Dining Club** Note: TRAIL only available on some Thursdays. TRAIL Riders should make sure the class you select has TRAIL available.

- **Dutch Baby Pancake**
  - LE245S-A Thurs, April 23 $17
  - LE245S-B Thurs, April 30 $17

- **Sloppy Joes Indoor Picnic**
  - LE246S-A Thurs, May 14 $17
  - LE246S-B Thurs, May 21 $17

**Specific Group Programs**

- LE242S Eat Smarter, April 16 $17

**Have ideas for future Learning Exchange classes?** List them here or email ideas to [jclarke@isd271.org](mailto:jclarke@isd271.org)

---

**TOTAL FEE(S) PAID:** $_______

By signing above, I authorize my Credit Card to be charged: ________________________ Date: ____________________

**Credit Card:** [ ] Visa [ ] MasterCard [ ] Discover

Card #: ________________________ Exp. Date: ____________________

Check/Money Order Payable to: ISD 271

Mail complete form to:

ISD 271/Learning Exchange
2575 W 88th Street
Bloomington, MN 55431

Notes:
- Checks MUST be made payable to ISD 271 or they will be returned.
- Mail complete form with payment to:
  - ISD 271 - Learning Exchange, 2575 W. 88th Street, Bloomington, MN 55431

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**Note:** Checks MUST be made payable to ISD 271 or they will be returned. Thanks!
7th-Annual

Bowling for Buses
9-Pin No-Tap!

Who
Everyone is invited!

When
May 17, 2020 | 3 to 5 pm
2:45 check-in & 3:00 bowling
4:30 pizza & pop served

Where
AMF Southtown Lanes

Benefiting
TRAIL transportation to adult AR&LE programs

FEATUREING
2 games, pizza buffet, soft drink, dessert, automatic entry for door prizes and high score prizes!

Name: ____________________________
Address: __________________________
City: __________________ Zip: ________
Telephone: _________________________
Email: ____________________________

Bowler: Qty ___ x $24 = $___
Spectator*: Qty ___ x $15 = $___
*food & drink only $___ TOTAL

If you would like to bowl with a certain person, please list name/s: ____________________________
_______________________________________
_______________________________________

TRAIL staff will make final decisions on lane placements.

☑ TRAIL riders check here for FREE transportation.
☑ I need a ramp and/or bumpers for bowling (circle)

Support staff are required to assist clients as needed. Staff who plan to eat must purchase spectator ticket.

Note: Tickets will not be mailed. Just check in at the registration table the day of the event!

Mail completed form along w/check payable to TRAIL to: TRAIL, 574 Prairie Center Dr., Suite 135-274, Eden Prairie, MN 55344
Phone: 612.401.6395 | email: office@ridetrail.org | www.ridetrail.org

Purchase tickets by mail or online starting 3/1 at www.bowlingforbuses.eventbrite.com or mail completed registration form along with check payable to TRAIL. Must be received by 5/13.