



# AR&LE Ski and Snowboard

## 2020 Season

### What is AR&LE?

AR&LE is made up of the cities and school districts of Bloomington, Edina, Eden Prairie and Richfield. We offer programs and classes designed specifically for people with disabilities.

### Who does the AR&LE Ski & Snowboard program serve?

AR&LE offers 1:1 instruction for individuals ages 7 and up. We require that all of our students have an intellectual disability which may make attending regular ski/snowboard lessons more challenging for them. Students must have the ability to stand up independently while learning to ski or snowboard, no adaptive equipment is used. Some of our students are first time skiers/snowboarders while others have prior experience.

### What is a typical lesson like?

Our lessons take place at Hyland Hills in Bloomington. Trained volunteers work 1:1 with the same student all season and they work at that student's pace. We carefully evaluate each student's skills and apply the proper teaching progression to create a successful experience. Safety is our #1 goal and we make sure each student is able to follow along with their instructor and follow the rules of the program.

### How do I sign up?

Priority registration is given to AR&LE residents until October 1. Non-residents may register after that. The number of students we can take each season is contingent upon how many volunteers we have. A registration form and payment is needed to secure your spot. If you are new to our program, the AR&LE Supervisor will contact you once your registration form is received to discuss the program and ensure that it is the right fit for the student. A current AR&LE profile is needed to participate. Registration forms can be found in the AR&LE catalog on our website: [www.richfieldmn.gov/arle](http://www.richfieldmn.gov/arle)

### 2020 Ski & Snowboard Season

Thursdays

January 6—February 20

6:30-8:45pm

Hyland Hills Ski Area in Bloomington

Resident: \$175

Resident with rental: \$200

Non-resident: \$185

Non-resident with rental: \$210

Priority registration for residents until October 1.

\*An AR&LE profile is required for participation.\*

### We need volunteers!

Ski and snowboard volunteer instructors are needed to make this program possible! We are looking for intermediate to advanced skiers/snowboarders. Must be at least 16 years of age. Training is provided as well as your lift ticket and rental.

Volunteer packets can be found on our website:

[www.richfieldmn.gov/arle](http://www.richfieldmn.gov/arle)

For more information:

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